

Parent Café

The YMCA of Morgan County will be hosting a Parent Cafe.

We invite you to come enjoy a meal and conversation with other parents in our community. We will spend time talking about the joys and challenges of parenthood. Childcare is provided. **Please RSVP to Donnielle at the Y at 765-342-6688 or via email to: donniellefowler@bbjymca.org**



July: Building a Bully

What Contributes to Bullying Behavior? How can adults unintentionally contribute to bullying behaviors and how can we create respect, empathy and kindness in our children.

When: Thursday July 23 - 5:30-7:00 pm

Where: Life Point Church, Mooresville



August: Mustard and Mayo – Embracing our Differences

When we embrace our differences, we create richer, stronger, and more connected families and communities.

When: Tuesday, August 18th, 5:30-7:00 pm

Where: YMCA of Morgan County, Martinsville



September: Staying Positive in a Negative World

We can't always control what happens around us, but we can choose how we respond. Staying positive doesn't mean ignoring challenges - it means finding hope, strength, and opportunities for growth even during difficult times.

When: Thursday, September 24th, 5:30-7:00 pm

Where: Life Point Church, Mooresville

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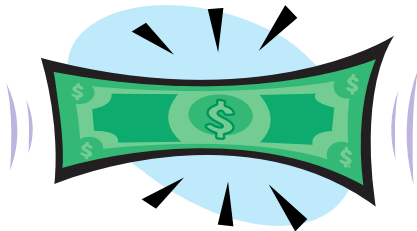
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October: Pulling the Ones You Love Closer Make Your Home Refuge.

Creating a refuge doesn't require a perfect house – it requires a welcoming atmosphere. When we pull the ones we love closer, we create a shelter from the negativity of the world.

When: Tuesday, October 20th, 5:30-7:00 pm
Where: YMCA of Morgan County, Martinsville



November: How to Stretch a Dollar

Stretching a dollar isn't just about spending less – it's about spending wisely and making the most of what you have.

When: Thursday, November 5th, 5:30-7:00 pm
Where: Life Point Church, Mooresville



December: Making Lemonade When You Only Have Lemons

Making lemonade out of lemons reminds us that while we can't always control our circumstances, we can choose how we respond to them.

When: Tuesday, December 15th, 5:30-7:00 pm
Where: YMCA of Morgan County, Martinsville